

Mexican Pinto Beans

1.5 c dried pinto beans
1 onion
1 red pepper
2 garlic cloves
1 14.5 oz can tomatoes
1 4 oz can green chilis
1 granny smith apple, diced
1 c veggie stock
salt and pepper
.5 c golden raisins
.5 c black olives, sliced
2 T parsley leaves
2 T slivered or chopped almonds

soak, then wash, pinto beans. put them in a pan to cook them, or cook them in the slow cooker about 6 hrs. Put cooked pinto beans and the rest of the ingredients in the slow cooker for 6-8 hours. two cans of pinto beans also works in this recipe.